

Recall that our goal is to prove:

$$WMVP_2 \Rightarrow \text{Harmonic}$$

To this end, we need:

Thm (Maximum Principle) / Let $u \in C(\Omega)$, $u \in WMVP_2$. If u has a ~~local~~ ^{global} max ~~at~~ _(or min) at $z_0 \in \Omega$, then $u \equiv \text{constant}$.

Pf / Suppose $u(z_0) \geq u(z) \forall z \in D = D(z_0; r)$, and

$$u(z_0) = \frac{1}{|D|} \int_D u(z) dA(z).$$

Let $\exists z_1$ with $|z_0 - z_1| < r$ and $u(z_1) < u(z_0)$. (Assume this for the sake of contradiction.)

Then $\exists \epsilon, \delta > 0$ s.t. $D' = D(z_1; \delta) \subset D$

and $\forall z \in D'; u(z) < u(z_0) - \epsilon$. (This follows from continuity.)

Then ~~u(z_0)~~ $u(z_0) = \frac{1}{|D|} \int_D u(z) dA(z) \leq u(z_0) - \frac{\epsilon |D'|}{|D|} < u(z_0)$.

$\Rightarrow \Leftarrow$

Thus $u(z)$ is constant in D . K

Consider $\{z \in \Omega: u(z) = u(z_0)\}$. This set is closed by virtue of being the preimage of a closed set. Also, $\forall z_1 \in K$, z_1 is a local max, so $\exists D(z_1; r)$ s.t. $u(z) = u(z_1) = u(z_0)$, so K is open. Thus,

$K = \Omega$ (by "continuous induction".)

Prop: Let $u \in WMVP_2(\Omega)$. Then $u \in \text{Harm}(\Omega)$.

Pf / Take an arbitrary $z_0 \in \Omega$. Take $r > 0$ s.t. $D = D(z_0; r) \Subset \Omega$.

Let v denote the Poisson extension of $u|_{\partial D}$. Then $v \in WMVP_2(D)$, so $u - v \in WMVP_2(D)$.

$$\text{Let } M = \max \{ u(z) - v(z) : z \in \bar{D} \}$$

$$m = \min \{ u(z) - v(z) : z \in \bar{D} \}.$$

We claim that $M = 0$ — because if $M > 0$, then $M = u(z_0) - v(z_0)$,
 $z_0 \in D$,

so $u - v$ has a global max at z_0 ,

so $u - v = \text{constant} = 0$
by continuity.

Similarly with the minimum.

$\therefore u = v$, so in particular, u is harmonic.

Since we know the Poisson formula for the disc, we can get a Poisson formula for the upper half plane, the infinite strip, etc., by conformal mapping.
