

Thm for $1 < p < \infty$, $(H^p)^* \simeq H^q$, $\frac{1}{p} + \frac{1}{q} = 1$:

For any $\varphi \in (H^p)^*$ i.e. any linear bounded functional

there exists a unique $g \in H^q$ such that $\varphi(f) = \int_{\mathbb{T}} f \bar{g} \frac{|dz|}{2\pi}$

and $\|\varphi\| \leq \|g\|_q \leq C_p \|\varphi\|$ not an isometry, but is a homeomorphism by Hölder's inequality

$\varphi \in (H^p)^*$ we can extend φ by Hahn-Banach to a functional on L^p

\Rightarrow exists $\tilde{g} \in L^q$, $\|\tilde{g}\|_q = \|\varphi\|$ such that $\int f \bar{\tilde{g}} \frac{|dz|}{2\pi} = \varphi(f)$ for all $f \in H^p$.

\tilde{g} is definitely not unique because we can add any exponent and it will cancel out.

$g = P_+ \tilde{g}$ then $\|g\|_q \leq C_p \|\tilde{g}\|_q$ and $\int f \bar{g} \frac{|dz|}{2\pi} = \varphi(f)$ for all $f \in H^p$

so we get equivalent norms, nothing interesting.

$(H^1)^* = \overline{X}$ where $X = P_+ L^\infty = \{f : f = P_+ g : g \in L^\infty\}$ all P_+ projections of all bounded functionals
 $\|f\| = \inf \|g\|_\infty$

Bounded mean oscillation

Def $f \in L^1_{loc}$, then $f \in BMO$ if for any interval I , there exists a universal

constant C , and there is an a_I such that $\int_I |f - a_I| \leq C$

$a_I \leftarrow \frac{1}{|I|} \int_I |f - a_I|$, average value on interval

The best constant C is called the BMO norm, denoted $\|f\|_{\#}$

(Here we are in one dimension, but in more dimensions, I is a cube instead of an interval.)

$f_I = \int_I f$ then

Claim $\int_I |f - f_I| < 2 \|f\|_{\#}$

Remark $\sup_I \int |f - f_I| \geq \|f\|_{\#}$

Proof of Claim $\int_I |f - f_I| \leq \int_I |f - a_I| + \int_I |f_I - a_I| = \int_I |f - a_I| + \underbrace{\int_I |f_I - a_I|}_{\text{constant}} = \int_I |f - a_I| + \left| \int_I (f - a_I) \right| \leq 2 \int_I |f - a_I|$
 average of f over the interval is f_I so we can replace f_I with f
 $\leq C \leq \|f\|_{\#}$

moral of story:

$\|f\|_*$ = $\sup_I \int_I |f - f_I|$ is an equivalent norm; very often in the literature, this is used as the definition of norm in BMO. (2)

$$\|f\|_{\#} \leq \|f\|_* \leq 2 \|f\|_{\#}$$

Examples

1. $L^\infty \subset BMO$

2. $f(x) = \ln|x| \Rightarrow f(x) \in BMO$ (Exercise: check this.) it is enough to check on $[0, R]$ (why?) then compute on those intervals

3. $f(x) = \begin{cases} \ln|x| & x > 0 \\ -\ln|x| & x < 0 \end{cases} \Rightarrow f \notin BMO$ (look on symmetric interval, see difference) so the space is not ideal
(or 0, $x < 0$)

Thm (John - Nirenberg)

There exist c, C (depending only on dimension) such that for all $f \in BMO$, for all I ,

$$\frac{|\{x \in I : |f(x) - f_I| > t\}|}{|I|} \leq C \exp\left(\frac{-ct}{\|f\|_*}\right) \quad \begin{array}{l} \text{i.e. it decreases exponentially as } t \text{ grows,} \\ \text{i.e. behaves logarithmically} \end{array}$$

Cor If $f \in BMO$, then $\left(\int_I |f - f_I|^p\right)^{1/p} \leq C_p \|f\|_*$.

Remark $\int_I |f - f_I| \leq \left(\int_I |f - f_I|^p\right)^{1/p} \underbrace{\left(\int_I 1^q\right)^{1/q}}_{=1}$ the reverse inequality is trivial.

Proof of Corollary

$$F \geq 0, \int F^p d\mu = \int_0^\infty \mu\{x : F(x) > s\} ds \quad \text{change of variables } t^p = s$$

$$= \int_0^\infty \mu\{x : F(x) > t\} p t^{p-1} dt$$

$$\int_I |f - f_I|^p = \int_0^\infty \frac{|\{x : |f(x) - f_I| > t\}|}{|I|} p t^{p-1} dt \leq \int C_p \exp\left(\frac{-ct}{\|f\|_*}\right) t^{p-1} dt$$

introduce variable $\frac{ct}{\|f\|_*} = s$

$$= \int_0^\infty C_p e^{-s} \frac{\|f\|_*^{p-1}}{c^{p-1}} s^{p-1} \frac{\|f\|_*}{c} ds = C_p \frac{\|f\|_*^p}{c^p} \int_0^\infty e^{-s} s^{p-1} ds$$

just some number

So if your distribution function decays exponentially, it does not matter what norm we compute.

Lemma (Calderon - Zygmund decomposition)

Let $F \geq 0$ on I , $A > 0$ such that $\int_I F = F_I < A$.

Then there exist a collection of disjoint subintervals $I_k \subset I$, $I_j \cap I_k = \emptyset$,
such that on any interval, $A \leq \int_{I_k} F \leq 2A$ and $F \leq A$ a.e. on $I \setminus \bigcup_k I_k$.

Divide I in half. If your average on the interval is above A , stop; that is one of your I_k 's.

If your average is less than A , you cannot jump more than $2A$.

Continue to divide it up and get the intervals where the average is small.